

Hamilton Friends March 2019 Newsletter



Advices and Queries

29. Approach old age with courage and hope. As far as possible, make arrangements for your care in good time, so that an undue burden does not fall on others. Although old age may bring increasing disability and loneliness, it can also bring serenity, detachment and wisdom. Pray that in your final years you may be enabled to find new ways of receiving and reflecting God's love.

Coffee List

March 10 – Betty

March 17 –

March 24 - Carol-Leigh (early shift)
and Shirla (late shift)

March 31 - Christina



Calendar

March 24: Potluck: Being Mortal -- mortality, eternity, and sharing the journey

April 28: Potluck: Truth and Reconciliation and Friends – presentation by Dick Preston

June 16: Potluck: Peace building presentation by Matt Legge (based on his new book)





COFFEE HOUR NEEDS YOUR HELP!



After worship we all enjoy sharing conversation with friends and visitors refreshed with a beverage and snack.

We need your help to keep this important time in our life at HMM happening.

If we all signed up for Coffee Duty four times a year leaving the summer arrangements informal as we have done in the past, we will all have participated in making HMM a welcoming place.

We know we have seniors who have retired from this duty. This notice is not for them.

***We are appealing to families to include your children where appropriate.**

***We are also encouraging people who are new to our worship to team up with others initially. You could team up with an “old hand” to “learn the ropes”.**

*** If you are not a baker, team up with someone who is. Bought treats are fine too!**

*** If you find it difficult to arrive at the Meeting House early to prepare for after worship refreshments, team up with an early bird. You can do the cleanup.**

***The Sign Up sheet is in the foyer.**

***Directions about Coffee Duty are in the kitchen.**

*** Friends are on hand to answer your questions.**

Let's work together to make this happen!



Hamilton Monthly Meeting supper/lunch groups

Feb 12, 2019



Mona Aziz

Nancy and Paul Dekar

no meat; seafood ok

Marcy Hull, Andrew Fleming and Liam Fleming

gluten allergy, qeto diet

Janis and Rory d'Eon

lactose intolerant, no octopus or cumin

Lynn Comiskey

Dina Mously

Janis and Andy Muller

Betty and Dick Preston

Bev and Robbie Shepard

Sheldon Clark and Barbara

Miriam Frey

prefers lunchtime

Chris Hitchcock, Dave Martindale and Caroline Martindale

Darlene James

prefers lunchtime

Laura Mallory and Deyan

Harriet and Don Woodside

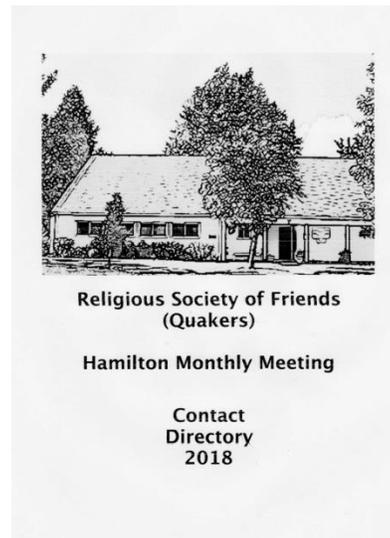
no garlic



William Olenek was the winner of the Royal Ontario Museum world wildlife photo contest junior category for his picture of a Double Crested Cormorant taken at Bayfront Park. The picture is now hanging at the ROM.

Dear Friends,

It's time to update the Hamilton MM Directory. There are new attenders since the last update. - We'd like to include you in the Directory!
Please send your contact information to glennajenzen@gmail.com
Thanks so much!



EARTH HOUR SERVICE - 2019

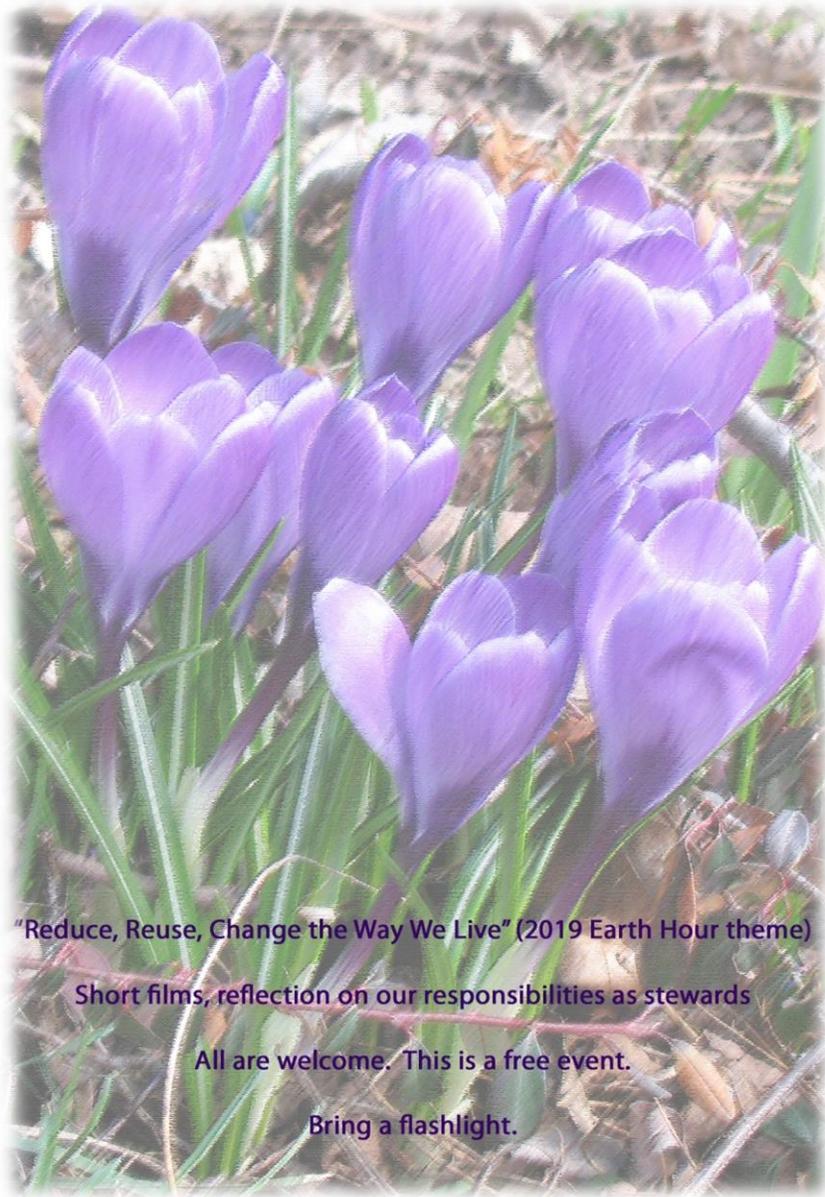
WHEN: MARCH 30TH, 7:30 TO 9 P.M.

WHERE: QUAKER MEETINGHOUSE, 7 BUTTY PLACE, HAMILTON

Near the corner of Whitney and Lower Horning.

Bus access: 5C Meadowlands or 51

Parking is available on Butty Place and side streets.



"Reduce, Reuse, Change the Way We Live" (2019 Earth Hour theme)

Short films, reflection on our responsibilities as stewards

All are welcome. This is a free event.

Bring a flashlight.

Sponsored by EcoWHam, the Eco Churches of West Hamilton

"WHEN DEATH COMES

When death comes
like the hungry bear in autumn

when death comes and takes all the bright coins from his purse
to buy me, and snaps his purse shut;

.....

I want to step through the door full of curiosity, wondering;
what is it going to be like, that cottage of darkness?

And therefore I look upon everything
as a brotherhood and a sisterhood,
and I look upon time as no more than an idea,
and I consider eternity as another possibility,

and I think of each life as a flower, as common
as a field daisy, and as singular,

and each name a comfortable music in the mouth
tending as all music does, toward silence,

and each body a lion of courage, and something
precious to the earth.

When its over, I want to say: all my life
I was a bride married to amazement.
I was a bridegroom, taking the world into my arms.

When it's over, I don't want to wonder
if I have made of my life something particular, and real.
I don't want to find myself sighing and frightened
or full of argument.

I don't want to end up simply having visited this world.

~ Mary Oliver "

-Submitted by Darlene James

This poem inspired Darlene to bring forward the idea of the Being Mortal potluck to Ministry and Council that is to take place on March 24.

February 11th 2019

Dear Friends:

Thank you so much for your lovely card covered all over with good wishes. How very encouraging ! I'll give you my best answer.

As many of you know, I've been having a serious problem with Old Age. Recently my 98-year-old brain has been telling me quite forcibly to recognize my time is coming to an end.

While dying is a subject that is often avoided, it is an experience which has much to teach us. Since it is the final chapter in the saga of being born — I believe it is no more to be feared than any other part of the natural order.

Please excuse me for not coming to Meeting for the time being. Although I have retreated into my lair, I carry your presence wherever I go. And I want you to know how much your gentle ministering continues to help.

Sincere Gratitude,

Ray.